## Dementia Action Week – 13-19 May 2024

Dementia Action Week is an awareness raising campaign. Each year, Alzheimer's Society works with individuals and organisations across the UK to encourage people to act on dementia.

As an Age and Dementia Friendly Organisation MBC is getting involved in Dementia Action Week. Lunch Club will have a visit from Carole, the Dementia Support Worker at MAECare to find out more and to do some activities.

Our Seniors Worker, Rachel, who is also a Dementia Friends Ambassador for the Alzheimer's Society, will be leading a Dementia Friends Information Session on Sunday 19<sup>th</sup> May at 12.30pm in the Music Room. It will last about 45 minutes and is a chance to learn about what dementia is and also how to support those living with dementia and their carers. If you would like to attend please let Lesley or Rachel know.